

Make the most of your Cigna Healthcare plan.

Cigna Healthcare Supplemental Health Solutions.



From health and wellness support to financial and legal needs, we can help with life's everyday challenges. Cigna HealthcareSM Supplemental Health Solutions offers a variety of programs to enrolled participants that provide you with resources, services and discounts to help you manage your unique concerns. This can help you save time, energy and money.

Mental Health Resources

Find expert advice and information about mental health issues. Our phone seminars are conducted by guest experts in their field and will help you learn more about common issues, as well as offer coping techniques and support. Our seminars are free, and you don't have to register. The seminars are open to anyone, including parents, caregivers and loved ones. Learn more about Mental Health Resources at cigna.com/mentalhealth.

Financial Counseling

Financial counseling offered through My Secure Advantage (MSA). You and members of your household can work with a money coach to help you with your finances and financial planning. Speak with a My Secure Advantage representative at **833.920.3895**.

Legal and Identity Theft Resources

Legal resources are available through CLC Core. The program offers (l) initial thirty-minute office or telephone consultation per separate legal matter at no cost with a network attorney. Resources include help with identity theft, state-specific wills, and other legal matters. Speak with a CLC Core representative at **866.262.5793**.

Healthy Rewards[®]

Easy access to discounts on a variety of health and wellness programs and services, such as:

- Gym memberships and virtual workouts
- LASIK
- Hearing aids

Speak with a Healthy Rewards representative at **800.258.3312**.



These programs are not insurance and do not provide reimbursement for financial losses. Full terms, conditions and exclusions are contained in the applicable client program description and are subject to change. Program availability may vary by plan type and location and is not available where prohibited by law. Customers are required to pay the entire discounted charge for any discounted products or services available through these programs. Participating third party vendors and providers are solely responsible for their goods and services.

THESE POLICIES PAY LIMITED BENEFITS ONLY. THEY ARE NOT COMPREHENSIVE HEALTH INSURANCE COVERAGE AND DO NOT COVER ALL MEDICAL EXPENSES. THIS COVERAGE DOES NOT SATISFY THE "MINIMUM ESSENTIAL COVERAGE" OR INDIVIDUAL MANDATE REQUIREMENTS OF THE AFFORDABLE CARE ACT (ACA). THIS COVERAGE IS NOT MEDICAID OR MEDICARE SUPPLEMENT INSURANCE.

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